



July/August 2017



Empowerment Celebrates 15 Years!

Beverly J Patchett, LMSW, DCSW, ICAADC
Founder /Owner 2002

Empowerment Professionals PC A Safe Place To Talk!

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NOTICE
Royal Oak
Empowerment Professionals
Is Now Delta SDH
310 W. Hudson
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(248) 336-2133
Fax: (248) 583-9414

Inside this issue:

Inspiring Women To Leadership	1
Special Events Seminar/ Workshops	1
Empowerment Celebrates 15 Years!	1 2
Empowerment Outreach	2
Private Practice Networking	2
Getting Help Mental Health & Substance Abuse	3
Seminar Flyer & Guidelines	4 5



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Empowerment Professionals PC Celebrates 15 Years Now Serving Oakland / Genesee & Surrounding Counties

Volume 7 Issue 7

Inspiring Women to Leadership.....Athena Awards Are A Reminder

Winning the 2015 ATHENA AWARD was not anything I had expected, but none the less I was delighted. My daughters asked several times to make the nomination and finally I allowed them to proceed. I was surprised that the nomination was excepted, but delighted that my daughters thought enough about my work that they wanted to nominate me. Also, I was delighted that several professional colleagues sent notes to the committee about what my work has meant to the community, and to them personally.

Lord, I didn't know so many were watching!! While this was not the first recognition during my career it was the most surprising. Perhaps this was because I was so focused on running my business and providing community outreach that I didn't realize my passion was so great, so great that nothing else seemed important. Passion for your work ...what a gift, passion for your work what a reward, and, what fulfillment!!

Very early in my career as I left a position as an administrative assistant only to have my boss tell me that he hoped I hadn't over sold my skills and abilities. Even early in my clinical career in a volunteer position I was challenged because I tend to think outside of the box. Even as an employer of a male counterpart I was challenged regarding my right to make business decisions. Our successes can be met with challenges when we are willing to make change, and stand committed to that change. Courage must be our best friend!!!

I was delighted to receive the Athena Award as it has brought new level of respect and recognition regarding my skills and abilities than ever expected, or even dreamed. It also reaffirms my work, my dedication, my determination to make change where I can and inspires me to continue advocating for that change

Inspiring and supporting business women will develop an atmosphere of cooperation and

trust within a strong energetic community. The Athena Leadership Awards provide us an opportunity to honor the many talented and dedicated business women in our community and nominate someone that exhibits dedication and leadership. This award is presented to a woman --or man-- who is honored for professional excellence, community service and for actively assisting women in their attainment of professional excellence and leadership skills.

CRITERIA: ATHENA Leadership Award Nominees are individuals who...

- Have achieved the highest level of professional excellence, creativity and initiative in their business or profession
- Contribute time and energy to improve the quality of life for others in the community.
- Actively assist others, particularly women, in realizing their full leadership potential.

Please contact the Royal Oak Chamber at (248) 547-4000 for more details. Deadline to submit is July 31, 2017

Special Events/Seminars/Workshops

<p>Empowerment Professionals PC</p> <p>Now Serving</p> <p>Oakland & Genesee Counties</p> <p>Psychotherapy</p> <p>Life Coaching</p> <p>Seminars!</p>	<p>FALL 2017 SEMINARS</p> <p>Starting a Private Practice September 15, 2017</p> <p>HIPAA: MH & SA September 29, 2017</p> <p>Challenges of Opioid Epidemic October 20, 2017</p> <p><i>Seeking Presenters 10/20</i> <i>Contact BJ (810) 771-7732</i></p>	<p>NAMI Metro July 30, 2017</p> <p>12th Annual Skins & Pins Charity Golf Outing & Brunch Fox Hills Golf & Banquet Center. Plymouth MI</p> <p>Brunch Only, \$30 Adults & \$15 for Children</p> <p>Contact: (248) 348-7197</p>
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**Mental Health
1 in 4 adults
live with a diagnosable mental health condition. Mental health and substance abuse conditions are common and, they are extremely treatable!**

NEED SUPPORT ?

Contact NAMI Metro Support Line at:

(248)773-2296 or
(248) 277-1500

Find Support Groups At: Namimetro.org

Please see page 3 for more resources and supports.

We Accept Private Pay And Insurance

Aetna
Beacon Health
Blue Cross
Cigna
Magellan
Medicare
Meridian
MHN
Military OneSource
Ulliance
Various EAP

A New Community Outreach



NAMI WALK 2017

Join my team as we walk for NAMI Metro

As the NAMI Metro group completes final touches on their 12th Annual Skins and Pins fundraiser we start thinking of the next big project for the year which is the NAMI Walk 2017 at Belle Isle in Detroit.

A public display of support for people with mental health challenges helps to change how Americans view mental illness. If you would like to join me I would love to have you on my team. You can do the walk only and we will be glad to provide a "Stigma Stinks" T Shirt when you sign in at the

walk if you don't already have one. There is no participation fee or cost to register, we provide snacks, so feel free to join us at the walk and help us bring attention to the need for mental health services.

We need donations to continue our vital outreach. Every donation, no matter what the size, will be deeply appreciated and will continue our vital out-reach in the community. Please be as generous as your personal funds will allow!

Support my walk by making your check payable to NAMI Michigan, in the memo column write Reach For The Stars—NAMI Metro and mail your check to: Reach For The Stars, 8445 S. Saginaw St.,

Ste., 103, Grand Blanc, MI 48439 or [I urge you to click on my team link to donate today!](#)

<https://www.namiwalks.org/participant/ReachForTheStars2017>

Thank you for supporting this important community outreach!

**Saturday, September 23rd
Belle Isle Park
Jefferson Ave., Detroit, MI**



Psychotherapy and Other Supports

Empowerment Professionals now serving Oakland and Genesee Counties!

Psychotherapy

Appointments Are Confidential Individual therapy helps one gain insight into the cause of problems and seek positive alternatives. Couples counseling provides an area where two people can learn to communicate individual needs and negotiate a healthy partnership. Family counseling will help family members gain an under-

standing of disruptive problems, improve communication skills and provide new ways to reach solutions that lead to greater family harmony. Therapeutic supports are available for adolescents and adults.

Oakland County Private Practice Network and Support (OCP PNS) is a vibrant group interested in supporting each other with group or one-on-one discussion directed to the various aspects of private practice.

Contact BJ at (810). 771-7732

if you would be interested in continuing this important community outreach.

GCPPNS

"Meet Me AT Walli's" Restaurant that is. Announcing a new networking opportunity in Genesee County called Genesee County Private Practice Network & Support (GCPPNS). Our next meet-up will be Friday, September, 2017 from 6 to 7:30 pm. Please confirm with BJ Patchett (810) 771-7732.

Private Practice Start Up - Seminars— Special Events

Private Practice Start Up

Watch our website for details or call BJ at (810) 771-7732. Our "How To Start Your Own Private Practice" workshop is offered twice a year and includes a free copy of our book "Solo Private Practice." *We currently offer an incubator program for those in early start up.* One-on-one consultant services are also available on request.

As new programs are developed we will notify you.....

Seminar Announcements

Reach For The Stars!, provider #1190, a division of Empowerment Professionals PC, will no longer offer ASWB Workshops Or seminars after June 1, 2016. Our new offerings include MCBAP certified seminars for substance abuse professionals, related and specific, along with on-site training. Please see our contact-us page at: empowerment-pro.net

We are currently seeking pre-

senters for October 20, 2017 seminar. Please send a resume to: empowermentpro@empowerment-pro.net

Celebrating 15 Years!!

We would like to thank those that attended our May 17th and May 18th events with the Burton Chamber of Commerce.

BJ will be presenting Athena Award to the new winner on September 20, 2017. Call 248.547.4000 for reservation or to make a donation.

Empowerment Professionals PC

Beverly J Patchett, LMSW, ICAADC
8445 S. Saginaw, St., Ste. 103
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(810) 771-7732
Fax (810) 422-5813
empowercoach@empowerment-pro.net

**Empowerment Professionals PC
Congratulates Dr. Gant of Delta SDH
On the spin off of his new business
Open House Coming Soon!**

Dr. Gant—Delta SDH
310 W. Hudson Ave.
Royal Oak, MI 48067

*Helping You Build A Solid
Foundation For Positive Change!*



Proud Member of The Dynamic
Royal Oak, Grand Blanc and Burton
Chambers of Commerce!

July 30, 2017

NAMI Metro

Presents

12th Annual Skins & Pins

Charity Golf Outing & Brunch

Fox Hills Golf & Banquet Center

Brunch Only, \$30 Adults

\$15 for Children, Doors Open 1:30 PM

Donations Are Welcome

Contact: (248) 348-7197

Substance Abuse Support Heroin Addiction

Some places to turn to if you or someone you know needs help with a heroin addiction and treatment.

■ Southeast Michigan Community Alliance: (800) 686-6543 or SEM-CA.org.

■ In Oakland County, Prior Authorization and Central Evaluation: (248) 858-5200.

■ Macomb County 24-hour crisis hotline: (586) 307-9100.

■ Macomb County substance abuse helpline: (586) 541-2273.

■ Narcotics Anonymous in Michigan: call (877) 338-1188, www.michigan-na.org

Emergency Services

Common Ground Crisis Line
Oakland (800) 231-1127. / Genesee (810) 257-3740

Support

NAMI Metro
(248) 348-7197

FOCUS ON THE INDIVIDUAL, MIND, BODY, EMOTION, AND SPIRIT.

Each Client is Unique

Each client is unique, therefore a thorough evaluation is done to determine the type of therapy and supports that will best meet their needs. If Life Coaching is requested by the client, placement will be made after the appropriate assessment has been completed and it is deemed appropriate.

Our Mission

To assist clients in utilizing their skill to the height of their potential; by helping them determine what they want, what they are willing to do to achieve it, and help them to remain focused until goal is obtained.

Therapy and Support

Individual • Family • Couples
Clinical Counseling reflects classic systems approach, use of DSM-5, supportive short term therapy, motivational interviewing, integrative health and wellness approaches with appropriate intake and referral as needed.

Career Counseling And Consultation

Beverly provides career and business counseling. She worked several years as an image consultant along with personal development workshops that included resume writing and career development.



Oakland, Genesee and Surrounding Counties.....

We Accept Insurance and
Private Pay!

Our Staff!

Beverly J. Patchett, LMSW,
DCSW, CAADC, ICAADC
Owner & Executive Director
Clinical and Macro Practice
Therapy • Coaching • Seminars

Larry M. Gant, Ph.D., LMSW
Social Work Consultant

OFFICE HOURS

Monday to Friday 9:00 AM—5:00 PM
Wednesday to 7:00 PM

By Appointment Only—Grand Blanc

(810) 771-7732

We are currently interviewing professionals with mental health and substance abuse background to work as an Independent Associate in Grand Blanc office. Those interested may contact BJ at (810) 771-7732

Empowerment Professionals PC Celebrates 15 Years in Business

Fall 2017 Seminars

Starting a Private Practice: Mental Health & Addiction

September 15, 2017

HIPAA: Mental Health & Addiction

September 29, 2017

Meeting the Challenges of the Opiate Epidemic

October 20, 2017

Target Audience: Social Workers and all mental health providers, medical, clergy, educators, law enforcement, substance abuse treatment professionals and coalition members. Seminars are best suited for intermediate and advanced level professionals.

Registration: To be announced soon! Currently seeking presenters for fall symposium on the Heroin Epidemic. Watch empowerment-pro.net for new offerings and deadlines for registration.



REGISTRATION FORM

Name: _____

Credentials: _____ Professional License# _____

Mailing Address: _____

City/State/Zip: _____

Day Phone: _____ Fax: _____

Email: (Required) _____

____ Check here if ADA accommodations are needed. Requests must be received two weeks prior to event. I need: _____

PAYMENT INFORMATION

At this time Empowerment Professionals, P.C. accepts cash, check, money order or Pay Pal. Our goal is to bring you the highest quality program possible at reasonable rates.

My check is enclosed in the amount of \$ _____ made payable to Empowerment Professionals, P.C.

Check # _____ Seminar date (s) _____



Please Mail Checks To:
Empowerment
Professionals, P.C.
8445 S. Saginaw St Ste 103
Grand Blanc, MI 48349

Website:
empowerment-pro.net
Phone: (810) 771-7732
Fax: (810) 422-5813

SEMINAR REGISTRATION GUIDELINES — July 2017

Registration Information: empowerment-pro.net (Contact Us Page) Link to seminar brochures.

Telephone: (810) 771-7732 **Fax:** (810) 422-5813

Mailing Address: Empowerment Professionals PC, 8445 S. Saginaw St., Ste 103, Grand Blanc, Michigan 48439

Email: empowermentpro@ameritech.net. (Request brochures and Information)

Payment Options: Cash (please do not send cash in the mail); Check (business, personal, cashier or money order, made out to Empowerment Professionals PC, for those Early Bird Special Deadlines, and, Regular Deadlines. **There are upcharges applied after the dates listed, with no exceptions in order to be fair to all registering. Employer paid registration requires an invoice and W9 completed before payment and should be requested in enough time to process payment prior to attending.** There is a PayPal feature set up on website “contact us” page for those wishing to pay with credit cards. Those using PayPal must download brochure and fax to (810) 422-5813 at the time of payment. Payment and registration forms are required in order to process certificate of attendance and other materials prior to the day of seminar/symposium. **If this process is not complete by regular deadlines certificate will not be available the day of seminar and will be emailed within 15 days of the event. On rare occasions payment deadlines are extended and due in 10 days following event, but certificate is not awarded until financials are in order. Non-payment left past 30 days is subject to \$10 per month up charge for each month unpaid and MCBAP notification of nonpayment. Future registration at our events may be forfeited.**

Food: All meals and snacks are **on your own** unless otherwise specified. Please read each brochure carefully to determine if bonus offerings of coffee at sign-in or a lunch are offered. We will do our best to meet your dietary needs if you notify us a minimum of 1 week ahead of time. Unfortunately, we cannot guarantee meeting all dietary needs so please inquire ahead of time to make sure personal arrangements can be made if you still plan to attend.

Fee Includes: Presentations, materials, and free parking (most locations), and MCBAP where applicable.

American Disability Act (ADA): We will accommodate ADA individuals as long as we have notification three weeks prior to seminar/workshop. Any request received after stated date will be honored whenever possible. Please notify us at (810) 771-7732.

For Your Comfort: It is recommended that you dress in layers to accommodate the fluctuation of classroom temperatures.

Confirmations: We do not confirm your registrations, but you may call our office to check the status at any time.

Directions: Directions to off site seminars may be found on our website at the “contact us” page or by using Google Yellow Pages & Map Quest options.....Waze etc.

Workshops: Brief one to two hour intensive educational sessions focused on imparting knowledge, skills and techniques in a particular field may be offered from time to time.

Mini-seminars: Four hours or less intensive, skill-based programs designed to impart in-depth interventions or skill set relevant to a particular area of social work and/or substance abuse treatments.

Full Day Seminars: Five to six hour session courses designed to provide expertise in various aspects of social work and substance abuse treatment program.

Continuing Education: Please Note: Reach For The Stars!, provider #1190, **will no longer offer ASWB Workshops/Seminars after June 1, 2016.** This outreach now has a new format. We will be offering Onsite In-Service Trainings. Organizations may provide their own Social Work Clock Hours or request this service from us. Trainings and workshops will continue to be certified for MCBAP Substance Abuse Workshops upon request.

Continuing Education Contact Hours, and MCBAP, will only be awarded if full payment has been received from vendor staff or a stipulation has been written into contract that allows for reduced fee or free participation. Please arrive 15 minutes prior to program, and allow time at end of day for sign-out and receipt of your certificate. Completed evaluations are required at sign-out.

Cancellation Policy: Participants who cancel their full day seminar registration at **least one week (seven days)** before the start of the session will receive a credit or refund minus a \$30.00 processing fee. Written cancellation request may be faxed to (810) 422-5813, please allow up to 6 weeks for cash refunds. Seminar credit is valid for one calendar year. **No refunds will be given for cancellation received less than one week before the start of the seminar.** We reserve the right to cancel any workshop, in which case participants will receive a full credit or refund that equals fee paid.

Grievances: Grievances in regard to seminar offerings may be addressed by sending a letter to Beverly at: *Reach For The Stars!*, Empowerment Professionals PC, 8445 S. Saginaw St., Ste 103, Grand Blanc, Michigan 48439

Thank You For Your Continued Interest and Participation in Our Educational Offerings!

**EMPOWERMENT SEMINARS & WORKSHOPS Presented by Reach For The Stars! A Division of Empowerment Professionals,
P.C. Program Director: BJ Patchett, LMSW, DCSW, ICAADC Social Work Consultant: Larry M. Gant, LMSW, PhD.**